



Email Newsletter Sign-up

To add your email address to the distribution list, visit www.rockvillemd.gov/swimcenter, click the ALERTS / NOTIFY ME button enter your email and click the envelope next to SwimCenter.

ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

2015 Recreational Swim and Fitness Center Schedule

Fall III (November 16 – December 25)

POOLS

North Pool (6 lanes x 25 meters + ramp area)

South Pool (6 lanes x 25 yards)

Monday	6:00 – 9:10 am (<i>TWO LANES lap swim ONLY from 8:20 - 9:10 am</i>) 11:00 – 2:00 pm 5:00 – 9:00 pm (<i>ramp area and first lane not available until 5:15 pm,</i> <i>TWO LANES lap swim ONLY from 8:30-9:00pm</i>)
Tuesday	6:00 – 8:20 am 11:00 – 4:30 pm (<i>THREE LANES lap swim ONLY from 3-4:30 pm</i>) 6:00 – 9:00 pm (<i>ramp area and first lane not available until 6:15 pm,</i> <i>TWO LANES lap swim ONLY from 8:30-9:00pm</i>)
Wednesday	6:00 – 9:10 am (<i>TWO LANES lap swim ONLY from 8:20 - 9:10 am</i>) 11:00 – 2:00 pm 5:00 – 9:00 pm (<i>ramp area and first lane not available until 5:15 pm,</i> <i>TWO LANES lap swim ONLY from 8:30-9:00pm</i>)
Thursday	6:00 – 8:20 am 11:00 – 4:30 pm (<i>THREE LANES lap swim ONLY from 3-4:30 pm</i>) 6:00 – 9:00 pm (<i>ramp area and first lane not available until 6:15 pm,</i> <i>TWO LANES lap swim ONLY from 8:30-9:00pm</i>)
Friday	6:00 – 9:10 am (<i>TWO LANES lap swim ONLY from 8:20 - 9:10 am</i>) 11:00 – 3:30 pm 5:00 – 9:00 pm (<i>ramp area and first lane not available until 5:15 pm</i>)
Saturday	6:00 – 7:30 am 12:00 – 9:00 pm
Sunday	1:00 – 9:00 pm (<i>TWO LANES lap swim ONLY from 7:30-9:00pm</i>)

South Pool (6 lanes x 25 yards) CLOSED for Construction
Check www.rockvillemd.gov/rsfrenovations for details

Fitness Room, Saunas, and Spa Hours

Monday through Friday:	6:00 a.m. – 9:00 p.m.
Saturday	6:00 a.m. to 9:00 p.m. (Spa closes at 7:00 p.m.)
Sunday:	9:00 a.m. – 9:00 p.m.
Please note: The spa is closed to all children (17 and Under) during swimming lessons.	



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Special Dates and Times for FALL III Schedule

Please see page 1 of the flyer for the normal operating hours

Thurs. 11/26/15 - Thanksgiving

CLOSED

Fri. 11/27/15

Normal Schedule

Sat. 11/28/15

Additional Recreation / Lap Swim in the North Pool from 10 a.m.-12 p.m.

Sun. 11/29/15

Additional Recreation / Lap Swim in the North Pool from 9 a.m.-1 p.m. and
7:30 p.m. to 9:00 p.m.

Mon. 12/21/15

Additional Recreation / Lap Swim in the North Pool from 8:20 a.m.-11 a.m.

Tues. 12/22/15

Additional Recreation / Lap Swim in the North Pool from 8:20 a.m.-11 a.m.

Wed. 12/23/15

Additional Recreation / Lap Swim in the North Pool from 8:20 a.m.-11 a.m.

Thurs. 12/24/15 - Christmas Eve

Additional Recreation / Lap Swim in the North Pool from 8:20 a.m.-11 a.m.
and Facility Closes at 4:00pm

Fri. 12/25/15 – Christmas

CLOSED